

CALLERLAB BASIC and MAINSTREAM PROGRAMS*

(Revised June 2, 2008)

- CALLERLAB BASIC PROGRAM**
1. CIRCLE LEFT/CIRCLE RIGHT
 2. FORWARD & BACK
 3. DOSADO/*DOSADO TO A WAVE*
 4. SWING
 5. PROMENADE FAMILY
 - A. COUPLES (FULL, 1/2, 3/4)
 - B. SINGLE FILE PROMENADE
 - C. *WRONG WAY PROMENADE*
 - D. *STAR PROMENADE*
 6. ALLEMANDE LEFT
 7. ARM TURNS
 8. RIGHT & LEFT GRAND FAMILY
 - A. RIGHT AND LEFT GRAND
 - B. WEAVE THE RING
 - C. *WRONG WAY GRAND*
 9. LEFT-HAND STAR/RIGHT-HAND STAR
 10. PASS THRU
 11. SPLIT TWO
 12. HALF SASHAY FAMILY
 - A. HALF SASHAY
 - B. ROLLAWAY
 - C. LADIES IN, MEN SASHAY
 13. TURN BACK FAMILY
 - A. U-TURN BACK
 - B. BACKTRACK
 14. SEPARATE AROUND 1 OR 2
 - A. TO A LINE
 - B. AND COME INTO THE MIDDLE
 15. COURTESY TURN
 16. LADIES CHAIN FAMILY
 - A. TWO LADIES CHAIN (REG & 3/4)
 - B. FOUR LADIES CHAIN (REG & 3/4)
 - C. *CHAIN DOWN THE LINE*
 17. DO PASO
 18. LEAD RIGHT
 19. RIGHT AND LEFT THRU
 20. GRAND SQUARE
 21. STAR THRU
 22. CIRCLE TO A LINE
 23. BEND THE LINE
 24. WALK AROUND THE CORNER
 25. SEE SAW
 26. SQUARE THRU (1,2,3,4)/
LEFT SQUARE THRU (1,2,3,4)

27. CALIFORNIA TWIRL
28. DIVE THRU
29. WHEEL AROUND
30. THAR FAMILY
 - A. ALLEMANDE THAR
 - B. ALLEMANDE LEFT TO AN ALLEMANDE THAR
 - C. *WRONG WAY THAR*
31. SHOOT THE STAR/
SHOOT THE STAR FULL AROUND
32. SLIP THE CLUTCH
33. BOX THE GNAT
34. OCEAN WAVE FAMILY
 - A. STEP TO A WAVE
 - B. BALANCE
35. ALAMO STYLE
36. PASS THE OCEAN
37. EXTEND (FROM 1/4 TAG ONLY)
38. SWING THRU/*LEFT SWING THRU*
39. RUN/*CROSS RUN*
40. TRADE FAMILY
 - A. (NAMED DANCERS) TRADE
 - B. COUPLES TRADE
 - C. PARTNER TRADE
41. WHEEL & DEAL
42. DOUBLE PASS THRU
43. FIRST COUPLE GO LEFT/RIGHT,
NEXT COUPLE GO LEFT/RIGHT
44. ZOOM
45. FLUTTERWHEEL/
REVERSE FLUTTERWHEEL
46. SWEEP A QUARTER
47. VEER LEFT/VEER RIGHT
48. TRADE BY
49. TOUCH 1/4
50. CIRCULATE FAMILY
 - A. (NAMED DANCERS) CIRCULATE
 - B. ALL 8 CIRCULATE
 - C. COUPLES CIRCULATE
 - D. *SINGLE FILE CIRCULATE*
 - E. *SPLIT/BOX CIRCULATE*
51. FERRIS WHEEL

- CALLERLAB MAINSTREAM PROGRAM**
52. CLOVERLEAF
 53. TURN THRU
 54. EIGHT CHAIN THRU
EIGHT CHAIN 1,2,3,etc.
 55. PASS TO THE CENTER
 56. SPIN THE TOP
 57. CENTERS IN
 58. CAST OFF 3/4
 59. WALK & DODGE
 60. SLIDE THRU
 61. FOLD/*CROSS FOLD*
 62. DIXIE STYLE TO AN OCEAN WAVE
 63. SPIN CHAIN THRU
 64. TAG THE LINE
(IN/OUT/LEFT/RIGHT)
 65. HALF TAG
 66. SCOOT BACK
 67. SINGLE HINGE/COUPLES HINGE
 68. RECYCLE (FROM A WAVE ONLY)

Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through or work shopped first

*Suggested Teaching Order

CALLERLAB recommends that the BASIC and MAINSTREAM Programs, calls 1-68, be taught in not less than 58 hours. We are currently working on a recommended teach time for just the BASIC program. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program. Calls in *italics* may be deferred until later in the teaching sequence.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.

These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.

CALLERLAB PROGRAMS

BASIC and MAINSTREAM

Why Programs and Lists?

CALLERLAB programs define a world-wide standard of square dance calls to be taught in square dance classes or workshops. Program lists, such as this one, list the set of calls that may be called at a dance advertised to be a specific dance program i.e. Basic, Mainstream, Plus, etc. Dance promoters are encouraged to list the program to be danced on flyers, brochures and other advertisements of open dances. Dancers should refer to the program designations to seek out dances that will consist of material with which they are familiar. Program lists are used by callers in programming an appropriate dance for a specific group of dancers. Including the desired program in the caller's confirmation agreement will provide programming guidance to the caller as well as protection for the sponsoring organization.

The program(s) are not intended to segregate dancers into exclusive groups or to indicate that one who chooses to dance at his or her own preferred program is any better, or any worse, than any other dancer. Dancing skill can be achieved at many programs, and the quantity of calls is not necessarily an indication of dancer proficiency. It is hoped that the program lists will be used to aid in a logical teaching progression and thorough coverage of basics in classes and to provide an enjoyable modern square dance for dancers of all inclinations. In addition, CALLERLAB's intent is that approved styling and timing of square dance movements will be an integral part of all classes and dance programs. It is also hoped that proper teaching, including timing and styling, will result in smooth dancing for the greater enjoyment of all.

What Next?

Responsible leaders, within and outside of CALLERLAB, recommend that dancers dance regularly at the program at which they graduate for at least one (1) year before they enter into classes or workshops for another program. This means that dancers graduating from the Mainstream Program should dance regularly at Mainstream dances for a year before going into the Plus Program.

There should be no pressure for movement from one program to another once a dancer has graduated. Dancers should be encouraged to take their time, enjoy the fun and fellowship and learn to dance well at that program before moving on to another program.

What About Periodic Selections?

Dancers are not required to know the Periodic Selections in order to attend an advertised Mainstream dance.

Periodic Selections are not part of the Basic and Mainstream Program. They are provided as optional material for those callers and/or clubs that wish to include a workshop in their programs. Callers are reminded that Periodic Selections should not be used unless they are walked through or workshopped first.